

## Receiving the woman in labour

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### Receiving a woman in labour with unknown status of COVID-19

This checklist can be used by midwives and other MNH care providers as a Peer-to-Peer learning scenario.

#### SCENARIO

*Rose is a 28-years-old pregnant woman who presents at your health facility with labour pain. Rose has attended 3 ANC visits, but she did not show up for the 4th visit because the government asked everyone to stay at home to prevent the spread of COVID-19, and she was also afraid of getting the disease at the hospital. Rose has no symptoms of COVID-19, but she tells you that she has been in contact with a person in her neighborhood having cough, fever, and headache.*

*What will you do now?*

#### STEP 1

##### Pre-Admission

- ☐ Be aware of the local COVID-19 plan
  - Suspicion of COVID-19: yes/ no
  - Where to test?
  - Who is carrying out the testing?
- ☐ Follow the local plan regarding having a companion in the labour ward during COVID-19.
- ☐ Dedicated room for isolation. If possible, patients with known or suspected COVID-19 should be cared for in a single-person room with the door closed.
- ☐ Additional equipment is made easily available outside the room/covered up.

#### STEP 2

##### Room set-up

- ☐ The room is well ventilated and cleaned after use.
- ☐ The room has handwashing/handrub available for use. Perform hand hygiene before and after each patient contact.
- ☐ Examination equipment is available (B/P, Thermometer, gloves, PEE, FHB monitoring device).

#### STEP 3

##### Admission

- ☐ Greet the woman without handshake/ hug.
- ☐ Ask if she has had any recent contact with a person with suspected or confirmed COVID-19 or if she has any symptoms herself.
- ☐ **If yes**, take her to the dedicated area according to plan.
- ☐ **If suspected/ confirmed** COVID-19: Put on PPE (Surgical mask, long sleeve gown, eye protection and gloves) and offer the woman handwash/ handrub.
- ☐ **If no**, admit in the regular labour ward according to plan and offer the woman handwash/ handrub.
- ☐ If no suspicion of COVID-19: Use a surgical mask for your own protection.

## Care during labour

# 2

### Providing care in labour and immediately after birth to a woman and newborn with unknown status of COVID-19

This checklist can be used by midwives and other MNH care providers as a Peer-to-Peer learning scenario.

#### SCENARIO

*Halima is a 38-year-old pregnant woman, gravida 4 para 2, in labour. She has had regular ANC follow-up and her pregnancy was uneventful until recently. The last few days she has had a dry cough, fever and generalized weakness. Halima is a self-employed woman running her small business in the open market. Her vital signs are: BP 125/70, pulse 94, Temperature 38.9C and respiration rate 20/min. Her admission diagnosis is active labour with suspected COVID-19.*

*How will you treat Halima during labour and in the post-partum period?*

#### STEP 1

##### Room Set-up

- ☐ If possible, patients with known or suspected COVID-19 should be cared for in a single-person room with the door closed.
- ☐ If a single room is not available: beds should be at least 1 metre apart and separated by a curtain.
- ☐ The room should have a proper handwashing station with water and soap or alternatively handrub solutions.

#### STEP 2

##### Consideration

*Special considerations regarding care of the woman during labour:*

- ☐ Provide her with a clean bed.
- ☐ Provide her with a face mask.
- ☐ Allow the woman to move around and provide her with appropriate pain relief as per facility protocol.
- ☐ Continue labour monitoring as per the standard.

#### STEP 3

##### Intrapartum care

*Assist the woman with unknown status of COVID-19 giving birth:*

- ☐ Perform hand hygiene and put on a PPE (long sleeve gown, gloves, mask and eye protection)
- ☐ All pregnant women, including those with confirmed or suspected COVID-19 infections, have the right to high quality of care before, during and after childbirth. Therefore, provide respectful care and be aware of stigma.
- ☐ Follow the standard IPC procedures to dispose used PPE materials and sharps, cleaning and disinfection of instruments
- ☐ Do not use the same PPE for different patients.

#### STEP 4

##### Postpartum care

*Caring for the mother and the newborn immediately after birth:*

- ☐ Perform hand hygiene and put on PPE before you touch the mother and newborn.
- ☐ Keep the mother and newborn together skin to skin.
- ☐ Assist the woman to initiate breastfeeding within 1 hour of delivery.